

*Insanity. Dishonesty. What's the Difference?*  
**Step Two Revisited**

Thursday, May 21, 2026; 6-7pm

**A Bay Area SAA Zoom Pop-Up Workshop**

<https://us02web.zoom.us/j/89670485029?pwd=yUbTnQIIBNbHUvNF3DksHQaNop8iEE.1>

Meeting ID: 896 7048 5029

Passcode: 608589

Green Book page 25:

- *When we accept that our way doesn't work, Step Two opens the door to a new way that does.*
- *Our insanity manifested in many ways. We would often put our addiction first and everything else second.*
- *We may have placed ourselves in dangerous situations or taken terrible risks.*
- *The more we denied our addiction and its consequences, the less we were in touch with reality*

**Not a lecture. Not a panel.**

Workshop participants will share perspectives (*experience, strength, and hope*) on insanity and dishonesty.

Those who wish will “chat” their views. Chat will be saved and used as basis for an Out of the Fog article. Anyone wishing to get a copy of the chat may send email to [franktopper@sbcglobal.net](mailto:franktopper@sbcglobal.net). Zoom names will be stripped off the chat to ensure anonymity.

**Workshop format**

- 1) Participants define insanity in their own words.
- 2) Participants “chat” their understanding and perspective on how their insanity manifests with short personal examples
- 3) Participants may then comment on what they read in the chat. Additional ideas and perspectives are discussed and captured.

**AGENDA**

- 1) Agenda and ground rules review
- 2) Create definitions of insanity and dishonesty
- 3) Discuss benefits of insanity and dishonesty
- 4) What does insanity and dishonesty look and feel like in action in ourselves or others?
- 5) Insanity and dishonesty antidote power and practices
- 6) Workshop debriefs

*We learn from others what works and what doesn't work for them.  
We listen, and we try new approaches.*

The Twelve and Twelve; Pg 26