

Monday Evening SAA Write On To Recovery Meeting Format

(6 p.m.) “Good Evening and welcome to the MONDAY EVENING SAA WRITE ON TO RECOVERY MEETING OF SEX ADDICTS ANONYMOUS. My name is _____, I am a sex addict and your secretary tonight. This is a closed meeting for both men and women. The only requirement is a desire to stop addictive sexual behavior.

Let us start with a moment of silence, followed by the Serenity Prayer. (Pause) ‘God, grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference’

May we hear the opening, please? (After the conclusion of the reading say, “Thank you.”) May we hear how it works and the 12 steps, please? (After the conclusion of the reading, say, “Thank you.”)

Now let’s go around for general introductions. I’m _____ and I am a sex addict.

(Approximately 6:05 p.m.) Welcome to all. This is a meeting dedicated to the use of writing as a tool for recovery. You are encouraged to use this time to complete your step work, journal, or work on any other written materials as part of your program for recovery. Writing begins now and will continue until 6:40 p.m., when we open the meeting to sharing. I will give you a two-minute warning so that you have time to finish your writing.

(6:38 p.m.) There are two minutes left to write.

(6:40 p.m.) It is now time for the discussion portion of the meeting. You may share for up to three minutes on issues that came up during their writing, or on anything else you need to. In your share, please refrain from mentioning specific acting out places. This is a tag meeting. Who would like to begin?

(6:55 p.m.) That is all the time we have for shares. If you did not get a chance to share and need to, please speak with someone after the meeting.

It is now time to practice the 7th tradition, which states: ‘Every SAA group ought to be fully self-supporting declining outside contributions.’ There are no dues or fees for SAA. Voluntary contributions pay for rent and other meeting expenses. The suggested donation is \$2, although any amount is welcome.

Our business meeting is held on the last Monday of the month. Are there any SAA related announcements?

Thank you for letting me be of service.

In closing, may we hear the promises, please? (After the conclusion of the reading, say “Thank you.”)

Now let’s please rise and join together in the Serenity Prayer.